



INN
FITNESS
& SPA



Holiday Inn

Membership Tariff

Memberships	Peak	Off Peak
Full Monthly (1 month notice)	£49	Not Available
Monthly Direct Debit		
Full 6 month minimum (Pay 1st month, and get the 2nd month FREE**)	£45	£40
Annual Memberships		
Full Annual Payment	£450	£400
Junior Memberships (under 16yrs)		
Junior Monthly (Pool access only)	£10	£10
Day Pass		
Adult	£10	£10
Child (Pool access only)	£5	£5
Opening Times		
Monday - Friday	06:30 - 21:30	06:30 - 16:00
Saturday - Sunday	06:30 - 21:30	16:00 - 21:30

**New members only

No Children After 8pm



Membership Includes:

1 x 60 minute personal training session

2 x guest day passes

15% off treatments in our spa
(does not apply to special offers & spa packages)

20% off food & drinks in the restaurant and lounge bar
(upto 4 people)



INN FITNESS & SPA



**The 4* spa boasts 3 deluxe treatment rooms.
Our team of therapists are on hand to make
sure you have an exceptional experience with
over 30 individual treatment options available
and a selection of luxury spa packages:**

Spa days from £39.00

Elemis face and body therapies

Full range of waxing and tinting

Signature massage treatments

Jessica manicure and pedicure

LA Tips gel polish

Holiday Inn Newcastle - Gosforth Park

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